

START YOUR **JOURNEY** OF BECOMING AN
Expert in Humanity



The Experts in Humanity Project™

A new online course designed to help people master the “*internal curriculum*” of life.

The course allows for small and large group sharing, always optional, and shared resources for further reading and follow up training. ZOOM will be used as the platform to deliver the course virtually. Please view and share this promotional video with interested friends and family.

This 12 week course covers the following topics:

- factors that influence human behaviour
- coping skills
- conflict and communication skills
- virtuous leadership
- trauma
- faith formation
- family of origin/relationship dynamics



To learn more visit:

www.josephinelombardi.com

or email Dr. Lombardi:

josephinelombardi@josephinelombardi.com

REGISTER TODAY!

visit www.josephinelombardi.com by mid August for new dates for the second cohort. - Weekly and virtually

The Experts in Humanity Project™

Course participants agree: The Experts in Humanity Project™ cannot be missed!

“The course content, and the way Dr Lombardi teaches, with depth, compassion and real-life examples and contemporary references, brings with it a deeper understanding of why we are the way we are, with hope and optimism through faith. With a spirit of grace, we can learn and grow from this knowledge of our own humanity, and the humanity of others.”

- Bridget, first cohort participant

“I recommend the course to everyone! The course provided some real pearls of wisdom, in terms of how we can go about navigating this world we live in, reminding ourselves of the gift that we are, and the unique people that we are.”

- Marisa, first cohort participant

“Thank you so much for providing me with an opportunity to appreciate the beauty of the human condition -- the importance of knowing myself and seeing who I am in the eyes of God. I have learned many things -- in particular that my past does not define me. I look forward to Part II.”

- Colleen, first cohort participant

Participants of the first cohort of 60 plus people included Catholic educators, chaplaincy leaders, psychotherapists, pharmacists, spiritual directors, small and large business owners, retired principals, hospitality workers, nutritionists and more. School boards and other institutions are invited to consider this course as part of their leadership training.



“Become the person you needed when you were younger.” - Aisha Siddiqui

Dr. Josephine Lombardi is a theologian, consultant, award winning author, and filmmaker. This course builds on her award winning book, *Experts in Humanity: A Journey of Self-Discovery and Healing*.

www.josephinelombardi.com